



# HIGH PERFORMANCE ATHLETES PROGRAM

## *Application*

### **Athlete Profile**

If you are performing at a very high level in one or more sport, please complete this information for each sport/activity.

If there is insufficient space for any of the questions, please attach further information.

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Current Year Level (e.g. Year 8): \_\_\_\_\_

Sport: \_\_\_\_\_

Dietary Requirements: \_\_\_\_\_

### **Sport Representation**

#### ***National***

Please include the details of any trials or selection to compete for Australia in international competitions:

#### ***State***

Please include the details of selection to compete for South Australia in national competitions:

#### ***Current Clubs or Teams***

Local/Domestic: \_\_\_\_\_ Under: \_\_\_\_\_

Representative: \_\_\_\_\_ Under: \_\_\_\_\_

#### ***Recent Achievements***

Please include the best achievements in the past year or season. Include the event, date, team or individual awards or other levels of performance. Please attach relevant documentation, if applicable.





***Current Weekly Training Commitments with Clubs and Coaches (please provide hours per day below)***

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM <i>(before school)</i>							
PM <i>(after school)</i>							

***Other Relevant Information***

***Club/Representative/Personal Coach Information***

Name: \_\_\_\_\_ Organisation: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

**Goals**

***Sporting Goals***

Briefly describe your future goals in your sport. Include your immediate goals and your long-term goals.

***Academic Goals***

Briefly describe your academic goals. Indicate your areas of improvement, and future academic studies/aspirations.

***Achievements***

List your proudest achievements. (These could include positions of responsibility that you have held, awards that you have earned.)





## Signatures

Student/Athlete: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_\_\_

Parent: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_\_\_

### Please ensure that:

- You and your parent have signed this application.
- You have given the attached confidential reference to your current coach and asked them to return direct to the school by the due date.
- You have included a copy of your most recent school report and NAPLAN test (if applicable).

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Please return your completed application form, along with the Reference from State or National Coach to:

Ms Petra Lorenz

High Performance Athletes Program Coordinator

Email: [lorenz\\_p@woodcroft.sa.edu.au](mailto:lorenz_p@woodcroft.sa.edu.au)

*(include in the subject line: High Performance Athletes Program and the athlete's name)*



## HIGH PERFORMANCE ATHLETES PROGRAM

*Reference from State or National Coach*

Name of Coach: \_\_\_\_\_ Organisation: \_\_\_\_\_

Position Held: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Present Training Venue: \_\_\_\_\_

### Student/Athlete Information

Name: \_\_\_\_\_

Position in your team (if applicable): \_\_\_\_\_

Strengths:

Weaknesses:

Training Commitment:

Coachability:

Attitude/Sportsmanship:

*Find Your Remarkable*

